Sledge and hill

What to check before a walk and sledging

The main thing: a child under 5 never goes down a hill alone, sitting up and feet first, a steerable sledge instead of a snow tube, a hill away from roads.



CHILD'S AGE

FAVOURITE HILL

HELMET, SIZE

Sledge

- [ ] Backrest and harness for a little one
- [ ] Push handle to see your child
- [ ] Steerable for hills
- [ ] No sharp edges
- [ ] Handles hold firmly

Hill

- [ ] Away from roads
- [ ] No trees or fences
- [ ] Gentle, with a flat bottom
- [ ] Snow, not ice
- [ ] Not crowded, in good light

Sledging

- [ ] Under 5 only with an adult
- [ ] Sitting up, feet first
- [ ] Ski or hockey helmet
- [ ] Down the middle, up the side
- [ ] Move away at the bottom

Clothing

- [ ] Neck warmer, not a scarf
- [ ] No drawstrings
- [ ] Mittens on clips
- [ ] Warm layer under the snowsuit
- [ ] Wet clothes off at once

Notes

- [ ] _____
- [ ] _____
- [ ] _____